

# Lighthouse



This year in the United States, more than 15,000 families will hear the dreadful news that their child has been diagnosed with cancer. Every day, about 50 families receive the devastating diagnosis that their child has cancer. As they make their way through treatment, they will face a thousand battles aside from the one happening with their child's health.

These families face a life of constant fear and anxiety, escalating medical bills, strained marital relationships, siblings who feel neglected and scared, and progressive alienation from extended family members and friends who, though they try, cannot comprehend what these families are going through.

Because of these realities and so many more, the family unit bears unimaginable weight and is exposed to profound risk. We simply aren't okay with that. Lighthouse Family Retreat was formed in 1999 to do something about it.

For 25 years, our mission has been to strengthen families living through childhood cancer. We host restorative weekend and week-long retreats and develop valuable resources so that families and their support systems can find hope in God and help in their fight.

## RESTORATIVE WEEKLONG AND WEEKEND RETREATS

Our retreats offer fun, family-centered activities to help families, "feel like a family" again. Children spend time playing in a carefree environment and parents find a safe place to share with others living through similar challenges in our Common Ground environment. Highlights of retreat include families spending time together, a parent's date night, ice cream parties for kids and a beach picnic.

## HELPFUL RESOURCES

Our Lighthouse Podcast and Perspectives Blog were created to help families living through childhood cancer have access to help and hope, no matter where they are. They feature stories from families walking the childhood cancer journey as well as practical guidance from those who support and care for them. Our hope is to encourage and equip families and their support systems.