

EPWORTH  
**Host & Worship Lead**  
MANUAL

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# Thank you!

On behalf of the LFR Staff, THANK YOU for partnering with us to strengthen families living through childhood cancer! This Host and Worship Leader manual details each day's schedule during your retreat and includes notes and reminders that will help you to successfully fulfill your role.

Before jumping into details, here is a reminder of the "Win" for your role(s):

## Host Role

Create an atmosphere on retreat that is filled with energy, fun and inclusion.

1. The tone that is set by our host makes a huge difference in the experience that our families have on retreat.
2. Collaborating in leadership meetings and with the staff lead is important to be successful in this role.
3. Be on the lookout on how you can connect with retreat families (especially the RF kids) and make them feel special.

## Worship Role

Provide opportunities throughout the week for attenders to connect through worship music and a few fun musical moments as well! Worship is a key component on every Lighthouse retreat. Leverage the time you have at Morning Watch, Refuel and at Night of Worship to lead through music, and help participants position their hearts to be open to what God has for them during retreat.

## General Note on Meals

For ALL meals: Connect daily with the Staff Lead to confirm that we are ready to sing the blessing song and kick off the meal. Get everyone's attention and have them come under the tent to sing together. Once meals begin, you are responsible to choose a Spotify playlist and ensure fun music is playing. (There are Spotify playlists you can access, on the LFR ipad). During all meals, it is your responsibility to talk with the staff lead to know who is going through the line first and make sure that everyone is announced to go through and get food (Retreat Families, Volunteers, and Leadership) Let everyone know when they can get seconds (connect with the Kitchen Lead on the timing for this). Make sure to eat yourself, but always be ready to jump on the mic!

# Refuel

Refuel is a time for volunteers and leaders to debrief their experience and be inspired. They will be held Monday, Wednesday, and Friday evenings. The win is to facilitate a time to hear how God is at work, create excitement, pray together, and expose volunteers to impact across the entire retreat.

## Tips:

- Host/WL should ensure a wireless mic is available so everyone can be heard
- Ask open ended questions and stay away from yes or no questions
- If you incorporate any worship songs, make sure it's 1-2, and does not go too late since we have young kids that need to get to bed

## Monday -

Create excitement over the RF's arrival and spend time praying together. Worship Lead will lead everyone in no more than 2 songs. Host will facilitate this time, but Staff Lead needs to help determine any specific items that the Family Partner Lead or Common Ground Lead need to communicate. Remind volunteers about their devotionals and encourage them to focus on preparing their hearts for what lies ahead this week.

## Wednesday and Friday -

You can also begin with the Worship Leader leading a couple of worship songs. Host comes prepared with some stories to highlight. Either share the stories or ask volunteers/ leaders to share, depending on the comfort level they have. Have the Common Ground Leads take 2-5 minutes to share how the week is going in CG and to lift up the work the FP's are doing.

Host close with prayer and encouragement for the next day!

## Refuel/Night of Worship Song Overview

As you prepare a worship set, please remember there will not be screens or paper with lyrics for participants to follow along with – if you have a platform where you are able, we would love for you to create a link to lyrics for your set list. Guide people into the songs that you are leading, share a little about what the song says about the heart of God, lead them through the lyrics so people can join you in singing.

Note: Please steer clear of picking lots of songs that refer to God as Healer, we know that God is Healer but the families we serve may have a difficult time approaching this part of the attribute of God in this season.

**NEW (within last 3 years):**

- Morning by Morning – Pat Barrett
- Beautiful Jesus – Passion
- Gratitude – Brandon Lake
- Firm Foundation (He won't fail) – Maverick City
- Never Walk Alone – Hillsong
- Breathe – Maverick City \*not the long bridge version
- Run to the Father – Cody Carnes
- Dancing on the Waves – WTK
- I Speak Jesus – Charity Gale
- House of the Lord – Phil Wickham

**CLASSICS:**

- Mighty to Save – Hillsong
- This is Amazing Grace – Phil Wickham
- Great are you Lord – All Sons and Daughters
- Goodness of God – Bethel
- Build My Life – Pat Barrett
- One thing remains – Passion version
- Sons and Daughters – North Point Worship
- Good Good Father – Chris Tomlin
- 10,000 Reasons – Matt Redman
- Cornerstone – Hillsong
- Never Let Go – Matt Redman
- When the Waters Rise – North Point Worship
- Whom Shall I Fear – Chris Tomlin
- Through It All (It is well) – Bethel
- How Great Thou Art – hymn (Phil Wickham/Shane & Shane)
- Amazing Grace (my chains are gone) – Chris Tomlin

**THEME SONGS:**

- Lighthouse Song
- My Lighthouse - Rend Collective
- Blessing Song(s)
  - acoustic
  - Superhero

## GENERAL DAILY SCHEDULE (TUE – FRI)

- **7:00-9:00 AM**
  - Breakfast in the dining hall (go anytime between these hours)
- **8:45 AM**
  - Leadership prayer time
- **9:00 AM**
  - Bullet Points with FPs (Logistics Meeting) / SL and Family Partner Leads will facilitate this
- **9:30 AM**
  - Morning Watch
- **10:00 AM**
  - Dismiss parents to Common Ground / Volunteers and kids to Flip Flop
- **12:00 PM**
  - Back to tent
- **12:30 PM**
  - Lunch in the dining hall
- **1:30 PM**
  - Conched Out (relax time)
- **4:30 PM**
  - Evening set-up
- **6:00 PM**
  - Dinner in the dining hall
- **7:30 PM**
  - Evening “Theme” Activity / Celebration
- **8:30 PM**
  - Refuel (Monday, Wednesday, and Friday - time varies day to day)
- **9:00 PM**
  - Leadership Meeting (time varies)

# Host & Worship Lead Schedule

## SUNDAY

- **6:00 PM**
  - Leadership/Family Partner Drive Through Registration – Family Partner Lead, Staff Lead and Logistics Lead will welcome you as you drive through registration to get your housing information
  - **Eat before you arrive**
  
- **7:00 PM**
  - Meet with Staff Lead to discuss flow of FP gathering
  
- **7:30 PM**
  - Dessert / Family Partner Intros
    - FPL: welcome
    - Worship Lead teaches everyone the Lighthouse song
    - Host facilitates FP introductions – name, where they're from, how many times they have served at LFR, and one fun question (share a funny story)
      - Family Partners will be sitting in the groups they will be paired with for the week.
    - Host then introduces Leadership team and summer staff (if going late, summer staff can happen Monday morning)
    - Logistics Lead: share info about location and App
    - Common Ground Leads: Introduce Common Ground, pass out Retreat Family info to Family Partner pairings
    - Close: Host will wrap up, pray over everyone, remind them to grab dessert AND their Hope Jar before they leave the tent.
  
- **8:30 PM**
  - Leadership Meeting - led by LFR Staff Lead

# MONDAY

- **7:00-9:00 AM**
  - Breakfast in the dining hall (go anytime between these hours)
  
- **9:00 AM**
  - Leadership Prayer Time
  
- **9:30 AM**
  - Family Partner Logistics meeting
    - At start of meeting, SL will introduce the WL and ask them to lead the Lighthouse song
    - At end of meeting, Host and Flip Flop Lead will facilitate volunteers/kids practicing getting into Flip Flop groups (our environment for kids).
      - Leaders/Kids will be separated by age and gender and the Host will help facilitate this practice run.
      - Host will introduce each group leader and have them grab a colored flag, colored bracelets/bands, and take a spot around the tent. Spread out the groups.
      - Starting with the guppies, announce adult names and Family Partner names for each group until everyone is in their group. (The names in green are the Retreat Family kids).
      - Leaders can pass out bracelets/bands to all the kids and adults in their group.
      - Give groups a few minutes to get to know each other and remind everyone this is THEIR group for the week! Make sure everyone has a Flip Flop band and swim band.
    - Bring everyone back under the tent to make signs for their RF
    - Let everyone know Marketing Intern will be taking a picture of each Family Partner pairing with their completed sign
    - Remind Leaders of FF groups should plan to stay and meet with the FF Lead
    - Let first timers know the SL and the FPL will stay under the tent and answer all questions
  
- **11:00 AM**
  - Merch sale / Lunch on your own

- **6:00 PM**
  - Host and WL welcome everyone at the tent and let them know the purpose of the evening
    - Purpose of this evening is to give volunteers a chance to get to know their retreat family.
  - Lead Blessing Song and release everyone to the serving line in the dining hall
    - NOTE: For this meal, volunteer pairings go through line with their Retreat Family to sit and eat together.
  - Immediately after dinner, games and music on lawn. Work with Summer Staff to ensure LFR appropriate playlist is on for this time.
  - Talk with Staff Lead on when to dismiss Retreat Families to go back to their housing.
- **8:00 PM**
  - **REFUEL**
    - **8:00 PM**
      - Family Partners and Leadership Arrive for REFUEL
    - **8:05 PM**
      - Host Welcome
        - Welcome / Encouragement
        - Stories – allow volunteers to share
    - **8:30 PM**
      - Worship Leader - 2 Songs
    - **9:00 PM**
      - Dismiss by Host/Worship Leader
- **9:00 PM**
  - Leadership Meeting

# TUESDAY

- **7:00-9:00 AM**
  - Breakfast in the dining hall (go anytime between these hours)
  
- **8:45 AM**
  - Leadership Prayer Time
  
- **9:00 AM**
  - Bullet Points with FPs
  
- **MORNING WATCH**
  - **9:30 AM HOST**
    - Get everyone's attention in partnership with WL.
      - Introduce the theme: Rest.
      - We are going to get started by singing the Lighthouse song.
      - Everyone stand up!
  - **9:45 AM WORSHIP LEADER**
    - 1-2 songs
      - Lighthouse song
      - Fun, interactive song
    - Lead Morning Watch Devotion Time (See Morning Watch script below)
  
- **10:00 AM**
  - Host/WL - Transition to Common Ground/Flip Flop (See notes below Tuesday Morning Watch script)
  
- **12:00 PM**
  - Everyone stays at tent from 12-12:25, kids play on lawn
  - **HOST** – have music playing
  
- **12:25 PM**
  - **WORSHIP** – lead everyone in Blessing song and dismiss to dining hall for lunch
  
- **12:30 PM**
  - Lunch
  
- **1:30 PM**
  - Leadership meeting
    - Leadership Team photo will be taken
  - Conched out - free time

- **5:30 PM**

- Dinner
  - Go over the flow of the meal.
  - WL leads Blessing Song then start Spotify playlist.
  - RF's will eat first. Once all RF's go through the line, then all volunteers go through to get their food, followed by leadership. Seconds will be offered once everyone has had a chance to get food.
- Retreat Family Introductions:
  - Right after dinner, Host and WL facilitate RF Intro's.
    - 1 FP introduce their Retreat Family - names, where they're from

- **7:00 PM**

- Dismiss dads for Poker Night
  - All dads (Leadership, RF & FP) leave for Dad's Poker Night
- Remind FP mom's to help RF mom's to get kids to housing/play games, or kids to bed if needed
- Single Mom's Retreat - there is no Poker Night

- **7:30 PM**

- FP moms & kids dismissed
  - Take RF moms & kids back to condos and help with bedtime, stay and play games, etc

- **8:00 PM**

- Flip Side for Sharks and Starfish only (facilitated by Summer Staff, be available to help if needed)

# Tuesday Morning Watch

## WORSHIP LEAD:

- Lead Lighthouse Song
- If there's time, lead "My Lighthouse" with the motions (ask Summer Staff and/or other kids who know motions to demonstrate).

## MORNING WATCH:

- "REST" Matthew 11:28 - "Come to me, all you who are weary and burdened, and I will give you rest."

Open with the following:

- What's your favorite way to relax? (When you're tired, need a break, etc) Ask everyone to tell the person next to them. Share your answer.
- There's a time for everything (Solomon)...even a time to rest.
  - Every sport has an "off season", kids, sometimes you need a rest after playing, right?
- Even when God created the world, he created rest...we're made in God's image. He has 6 days of work, work, work, work, work, work, and then REST
  - God modeled rest for us, and set aside an entire day out of 7 for rest.

"Reminds me of one of my favorite things Jesus said..."

- Matthew 11:28 "Come to me, all you who are weary and burdened..."
- This is a profound invitation.
  - Jesus says, "Hey, if you're exhausted, hurting, lonely, tired, run down, broken down, overwhelmed...if you're a hot mess...COME HERE.
  - It's profound because NONE of us would offer that kind of blanket invitation. We're carrying enough of our own as it is.
  - We're willing to carry the burdens of those we love, close friends...BUT...not just anyone! Definitely not ALL...who does that?!
- We often say "Go!"
  - And it is often well-meaning!
  - Go home. Go on vacation. Go to counseling. Go take a time out. Go take care of yourself.
  - But Jesus says, "Come..." What a profound, counter-cultural invitation!

But it gets even better...

Come to me, all you who are weary and burdened, and I will give you rest.

- This invitation is to trade.
  - This is the deal of a lifetime! The invitation is: Bring all of the things you are carrying, the things that are weighing you down and in exchange I will give you rest.
- One thing we want you to know is that God wants rest for you this week. KEY PHRASE: Trusting that while you're resting, God is working!

## Close in Prayer

Dismiss for Common Ground and Flip Flop:

After prayer, let everyone know that it is time for Common Ground (parents small group) and Flip Flop (kids groups)!

- Tell all FPs and kids to stay where they are and tell RF parents to stand up.
- Say to the kids, “Kids, look at your parents and repeat after me: ‘I love you, but it’s time for Flip Flop! Get outta here!!!’ Parents, say goodbye to your kids and follow your Common Ground Leaders to Common Ground!”
- As the parents are heading out, oversee the transition by encouraging parents to leave. You can play a fun song on Spotify to distract the kids, but make sure that their FPs are staying with them to help navigate the transition.
- **Make sure all the RF parents have left BEFORE getting the kids into their Flip Flop groups.**

## WEDNESDAY

- **7:00-9:00 AM**
  - Breakfast in the dining hall (go anytime between these hours)
  
- **8:45 AM**
  - Leadership Prayer Time
  
- **9:00 AM**
  - Bullet Points with FP's
  
- **MORNING WATCH**
  - **9:30 AM HOST**
    - Get everyone's attention in partnership with WL.
      - Introduce the theme: Experience Joy.
      - We are going to get started with a few songs to us going and get the blood flowing, etc
  - **9:45 AM WORSHIP LEADER**
    - 2 songs
      - Lighthouse song
      - Ha-la-la-la-le-lujah (scratch a back, slap high five, hug a neck, bump a rump), or something interactive and engaging – fun and light-hearted
  - **9:50 AM HOST**
    - See Morning Watch script below Wednesday schedule
  
- **10:00 AM**
  - Cue Flip Flop & Common Ground time – same as Tuesday
    - Be sure all the RF parents have left BEFORE getting the kids into their Flop Flop groups
  
- **12:00 PM**
  - Everyone stays at tent from 12-12:25, kids play on lawn
  - **HOST** – have music playing
  
- **12:25 PM**
  - **WORSHIP** – lead everyone in Blessing song and dismiss to dining hall for
  
- **12:30 PM**
  - Lunch
  
- **1:30 PM**
  - Conched out

- **5:45 PM**
  - Arrive wherever Un-Birthday Party is located to prepare
  
- **6:00 PM**
  - **UN-BIRTHDAY PARTY!**
  - **HOST**
    - Have upbeat music playing as everyone arrives for the party
    - Keep music going throughout – work with your Staff Lead to determine when pizza will be served.
    - Coordinate with Worship Lead to sing the Blessing Song before meal
    - Host and WL work together emceeding the night with various dances and games (congo line, limbo, church clap dance, etc). Encourage kids to get up and dance.
    - Coordinate with Staff Lead when to break for ice cream
    - Sing Happy Birthday and send everyone to the line for Ice Cream
  
- **7:15 PM**
  - As the party winds down, announce final songs
  
- **7:30 PM**
  - Transition to yard games and music
    - FP's can take the younger kids back to their rooms to get them ready for bed
  
- **8:00 PM**
  - Leadership Meeting
  
- **REFUEL**
  - **8:45 PM**
    - Family Partners and Leadership Arrive
  - **8:50 PM**
    - **HOST**
      - Welcome/Encouragement
      - Work with FPL and SL to share wins, shout outs of FPs and kids
      - Common Ground Leaders give RF update
    - **WORSHIP LEAD**
      - 2 songs
  - **9:00 PM**
    - Dismiss by Worship Leader
  
- **PLAN AHEAD**
  - Plan for Night of Worship (Thursday evening) song list
  - See suggestion for Night of Worship run of show below Thursday Morning Watch script on p18

# Wednesday Morning Watch

## NOTE:

- As you talk about things to be grateful for please do not reference being grateful for our health because of what our families are walking through.

## EXPERIENCE JOY – PSALM 28:7 –

“The Lord is my strength and shield. I trust in Him with all my heart. He helps me and my heart is filled with joy.” Psalm 28:7

## MORNING WATCH:

(Read verse) How many of us wake up every morning and think this? With all the things that are thrown at us every day, I think it’s easier to focus on the things that we are dissatisfied with instead of the things that “fill us with joy.” For example, just when I think I am happy with my new iPhone, another one comes out that I HAVE to have (Or use another similar example that works for you)! And kids, how many of you like to play video games? Shout out your favorite video game! Yes! In my day I played... (use example of a game you liked to play if applicable). And now video games are way more involved, and fun, but what has not changed is that once you work so hard to “win” one level of the game, what happens? Right, you “level up”, and now it gets even harder. There is no time to enjoy the moment because you are on to the next, more difficult challenge! It can sometimes feel like life has this secret plot to steal our joy. And in John 10:10, Jesus actually says that there is an enemy that has come to “steal, kill and destroy.” He also says that “in this world you will have trouble.” And we have a sense of this. We know that bad things can happen in this life. So, how do we get to the point where we CAN wake up in the morning and say: “The Lord is my strength and shield. I trust in Him with all my heart. He helps me and my heart is filled with joy?”

Well, I think that it’s important to recognize that Joy is not something that we can get on our own. It’s not a better iPhone or a Level Up, but something as it says in the verse that we are “filled with.” And if we are not careful, if we let our minds get filled with all the messages about how dissatisfied we are, and how much we need to fill ourselves with, we can totally miss the joy that God wants to fill us with. And he wants to fill us with a joy, and a contentment that really can only come from Him. That’s why joy isn’t found in a place. It’s not Lighthouse Family Retreat. It can be discovered here, but it is something that goes with you. I’m going to pray for us, and while I pray I want you to think of something that you are grateful for. Why? Because one of the quickest ways to start to re—discover JOY is in our gratitude. In fact, I love this quote by the author Ann Voscamp, she said “Joy hides in gratitude.” So let’s all focus on what we are grateful for, and let’s pray... **Close in Prayer**

# THURSDAY

- **7:00-9:00 AM**
  - Breakfast in the dining hall (go anytime between these hours)
  
- **8:45 AM**
  - Leadership Prayer Time
  
- **9:00 AM**
  - Bullet Points with FPs
  
- **MORNING WATCH**
  - **9:30 AM HOST**
    - Get everyone's attention in partnership with Worship Lead.
      - Introduce the theme: Restoration
      - We are going to get started with a few songs to us going and get the blood flowing, etc
  - **9:40 AM WORSHIP LEADER**
    - 2 songs
      - Lighthouse song / "Lean on Me" with motions, Big House, or other fun interactive song
  - **9:45 AM HOST**
    - **SUGGESTION ONLY:**
    - Kids share stories – Choose a couple kids to share (mix of RF kids and FP kids)
    - Ask: What has been your most favorite thing this week
  - **9:50 AM HOST**
    - See Morning Watch script below Thursday schedule
  
- **10:00 AM**
  - Cue Flip Flop & Common Ground time
    - Instruct dads to follow male CG leader
    - Instruct moms to follow female CG leader
    - Be sure all the RF parents have left BEFORE getting the kids into their Flop Flop groups
  - Finalize Night of Worship set list
  
- **12:00 PM**
  - Everyone stays at tent from 12-12:25, kids play on lawn
  - **HOST** – have music playing

- **12:25 PM**
  - **WORSHIP** – lead everyone in Blessing song and dismiss to dining hall for lunch
    - RF moms are still at mom’s lunch, only RF dads and kids and FPs will be present for this portion
  
- **12:30 PM**
  - Lunch
  
- **1:30 PM**
  - Connect with Staff Lead to talk through Night of Worship if you have not already had a chance to do so.
    - Discuss location, playlist, and flow of the evening.
  
- **5:00 PM**
  - Dinner on own
  
- **7:00 PM**
  - Host and WL arrive at Night of Worship location
  
- **7:30 PM**
  - Night of Worship
    - (See suggestion for run of show below Thursday Morning Watch script)
  
- **8:30 PM**
  - Pray and dismiss
  
- **9:00 PM**
  - Leadership meeting OR SL will decide to have early Friday morning

# Thursday Morning Watch

## Restoration – 2 Cor. 13:11

“Finally, brothers and sisters, rejoice! Strive for full restoration, encourage one another, be of one mind, live in peace. And the God of love and peace will be with you.”

Today we are talking about restoration. It’s a big word, so what does it mean?

One way to define restoration is “returning something to its former beauty.” I was thinking about that word and was thinking about a popular show where this is what they do. Who knows who Chip and Joanna Gaines are? They have had a show for a long time called “Fixer Upper”, where they find old, ugly houses and restore them. They take families who are looking for a home and in the middle of these broken down, seemingly worthless houses they paint a picture of what it could be. And then they spend the rest of the show going through the process of restoration. And it takes a lot of work. It also takes a lot of people. They don’t show you everything, and if they did the show would be a LOT longer than it is.

What’s crazy is that even after they put all that work in, a lot of times you will see these new homes incorporating wood beams and other parts of the house that are purposefully made to look old and beaten up. You know what I’m talking about? I mean nowadays people will even pay money to take something new and make it look old. And I think that’s because there is something about taking something that is old and broken and restoring it that is very rewarding and meaningful.

So why am I talking about this? Well, just like the houses on Fixer Upper, God sees YOU and whatever struggles you are facing or things that you might say are broken in your life. He sees past the broken things and wants to restore YOU.

He also wants to restore your relationships. We were made for relationships. When we look at a beautiful sunset, we want to look around and ask others to share it with us. God wants you to have great relationships with each other. In fact let’s read our verse (Read verse). You can tell that this speaks to how we relate to each other, and you will notice that it says “strive” for restoration. That means it is going to take work. But that is part of what makes our relationships so rich. I mean look at this beam, it has been through some stuff. But that’s what makes it unique. It has character, it has a story. You want to put something like this on the centerpiece of your mantle, somewhere special.

And this striving for restoration in our relationships is part of a process that, over time, creates something meaningful and really irreplaceable.

So God wants to RESTORE you. And he wants to RESTORE your relationships. Let’s bow our heads and I will pray for us that God would help us to strive for restoration and remind us that it is worth it.

Close in Prayer (Or if there is time, WL lead a song and then close in prayer)

# Thursday Night of Worship

## **WELCOME:**

- Ask everyone to have a seat, and if on the beach, make sure that Retreat Families have seats in beach chairs.

Below are some suggestions of scripture passages you could read (or have others read) during the evening. You could choose to navigate through the different truths and play relevant songs from our suggested list that go with each truth. However, this is only a suggestion, and we encourage you to tailor this evening to your retreat. This could include sharing stories from the week or even asking a retreat family member to share something if it seems appropriate. Make sure to be sensitive to any Retreat Families present and filter the evening through the lens of these families. We want to make sure that we are not sharing anything or sing songs that may come across to them as “tone deaf” or insensitive to their circumstances. We encourage you to not select songs that reference God as healer.

We do ask you keep the length to one hour and use songs that have been used throughout the week that people have gotten familiar with. If using newer songs, be mindful it’s difficult to provide song lyrics for everyone and would be helpful to give them a vocal prompt before singing verses.

## **REST**

- Read parts of Mark 6:30-31 (NIV) – Genesis 2:1-2 (NIV) – Isaiah 26:3 (ESV)

## **RESTORE**

- Read parts of Colossians 3:12-14 (ESV) – Psalm 51:12 (ESV)

## **EXPERIENCE JOY**

- Read parts of John 15:9-11 (ESV) – Psalm 71:23 – Psalm 92:4-5 (NIV)

## **FIND HOPE IN GOD**

- Read parts of Romans 5:5 (NLT) – 1 Peter 1:3-4 (NIV) – Romans 8:24-25 (NLT)

## **GOD WANTS US TO PRAY FOR OTHERS**

- Read parts of Galatians 6:2 & John 13:34-35

**MORE, INCLUDING SONG SUGGESTIONS, ON LAST PAGE**

## FRIDAY

- **7:00-9:00 AM**
  - Breakfast in the dining hall (go anytime between these hours)
- **8:45 AM**
  - Leadership Prayer Time
- **9:00 AM**
  - Bullet Points with FPs
- **MORNING WATCH**
  - **9:30 AM HOST**
    - Get everyone's attention in partnership with Worship Lead.
      - Introduce the theme: Hope in God.
      - We are going to get started with a few songs to us going and get the blood flowing, etc
  - **9:45 AM WORSHIP LEADER**
    - 2 songs: Fun, Interactive
  - **9:50 AM HOST**
    - See Morning Watch script below Friday schedule
- **10:00 AM**
  - Cue Flip Flop & Common Ground time – same as Tuesday
    - Be sure all the RF parents have left BEFORE getting the kids into their Flop Flop groups
- **12:00 PM**
  - Everyone stays at tent from 12-12:25, kids play on lawn
  - **HOST** – have music playing
- **12:25 PM**
  - **WORSHIP** – lead everyone in Blessing song and dismiss to dining hall for lunch
- **12:30 PM**
  - Lunch
- **1:30 PM**
  - Conched out/ Merch Sale

- **2:50 PM**
  - Host and Worship Lead Arrive for Hope Jar Time
  
- **3:30 PM**
  - Prayer/Fill Hope Jars – Come pray over the RFs and write some Hope strips to fill their Hope Jars
  
- **5:00 PM**
  - REFUEL
    - COMMON GROUND -
      - Share update on how CG went
      - Work with HOST/WORSHIP and FPL to share wins, shout outs of FP and kids
    - Give Leadership the opportunity for thanking FP's
  
- **5:45 PM**
  - Dismiss everyone to go pick up RFs for dinner
    - Everyone meet back at the tent for Blessing Song with RFs
    - Send everyone to the dining hall after Blessing Song for dinner
  
- **6:00 PM**
  - Dinner
    - After dinner, time to spend together on lawn with music, games and “see ya later” to the group as a whole

# Friday Morning Watch

## FIND HOPE IN GOD – ROMANS 15:13

“May the God of hope fill you with all joy and peace as you trust in Him.”

1. **THE NATURE OF HOPE** – a feeling of expectation related to a specific desire
  - a. The feeling of hope is thrilling...
    - i. The thrill of performing well during “tryouts”
    - ii. The thrill of finding out you’re expecting your first child
    - iii. The thrill of a good report from the doctor after lots of bad ones.
2. A lack of hope is depleting...
  - a. Finding out you didn’t make the team or get the promotion
  - b. Finding out you’re not expecting, again.
  - c. Finding out they’re moving you to yet another treatment plan. Why?

## HOPE IS A RESERVOIR OF EMOTIONAL STRENGTH.

1. We don’t lose our desire but with the loss of expectation, we lose strength.
  - a. When it comes to **PERSEVERANCE**...without hope, we quit.
  - b. When it comes to **PATIENCE**...without hope, we’re always “on edge”.
  - c. When it comes to **TEMPTATION**...without hope, we can’t resist.
2. Your reservoir of emotional strength is filled by the **OBJECT OF YOUR HOPE**.
3. Two objects of “hope”.
  - a. Hope for – a certain good thing, a gift or outcome – something or someone to bring about
  - b. Hope in – something or someone to bring about
  - c. **ILLUSTRATION:** Safe flight to ATL. I hope FOR a safe flight. I hope IN the pilot.
4. We lose hope when we lose confidence in the object of our hope.

## THE CONNECTION BETWEEN OUR FAITH AND OUR HOPE. (Hebrews 11:1)

Now faith is confidence in what we hope for...

1. When we express hope, **we usually express uncertainty**. Examples...
  - a. Hopefully things will be different this time.
  - b. Hopefully we’ll win the lottery.
  - c. Hopefully this new doctor/treatment can help.
2. Typically our “hope” is more of a wish upon a star, cross your fingers and blow out the candles type of hope.

Biblical Hope is different... Now faith is confidence in what we hope for and assurance about what we do not see.

3. Biblical hope is not just a desire for something good in the future, but rather a confident expectation of something good in the future.
  - Biblical hope not only expects it to happen; it’s confident it will happen.

**WORSHIP LEAD:** (select one song)

- Forever Reign – Mighty to Save – One Thing Remains – Cornerstone

Close in Prayer

## SATURDAY

- **7:00-8:00 AM**
  - Breakfast in dining hall (must be finished eating by 8:00 AM)
- **8:00 AM**
  - Make sure you are packed and moved out of housing
- **8:15 AM**
  - FP's help RF's load car
    - "See ya later's" are done at units
    - All RF's and FP's head home
  - Check with Staff Lead on checking out of housing and anything else that needs to be done before leaving retreat
  - Thank you for an awesome week! Have a safe ride home!

\*\*On your way home, please complete the retreat survey you received this morning through messaging in the LFR app.

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# Lighthouse Night of Worship

## Order of Worship

### Rest

- Scripture Reading
  - Mark 6:30-31 NIV
  - Genesis 2:1-2 NIV
  - Isaiah 26:3 ESV
- Songs
  - 10,000 Reasons – Matt Redman
  - Firm Foundation – Maverick City

### Restore

- Scripture Reading
  - Colossians 3:12-14 ESV
  - Psalms 51:12 ESV
- Song
  - Great Are You Lord – All Sons and Daughters

### Experience Joy

- Scripture Reading
  - John 15:9-11 ESV
  - Psalms 71:23 NIV
  - Psalms 92:4-5 NIV
- Songs
  - This is Amazing Grace – Phil Wickham
  - Gratitude – Brandon Lake

### Find Hope in God

- Scripture Reading
  - Romans 5:5 NLT
  - 1 Peter 1:3-4 NIV
  - Romans 8:24-25 NLT
- Songs
  - Goodness of God – Bethel

## **God Wants Us to Pray for Others**

- Scripture Reading
  - Galatians 6:2
  - John 13:34-35
- Songs
  - Build My Life – Pat Barrett

## **Closing**

- Song
    - How Great Thou Art - hymn (Phil Wickham/Shane & Shane)
-

# Lighthouse Night of Worship

## Rest

Scripture Reading (choose volunteer or staff)

- Mark 6:30-31 NIV
  - 30The apostles gathered around Jesus and reported to him all they had done and taught. 31Then, because so many people were coming and going that they did not even have a change to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.”
- Isaiah 26:3 ESV
  - You keep him in perfect peace whose mind is stayed on you, because he trusts in you.

## 10,000 Reasons

by Matt Redman

Bless the Lord oh my soul  
Oh my soul  
Worship His Holy name  
Sing like never before  
Oh my soul  
I'll worship Your Holy name

The sun comes up  
It's a new day dawning  
It's time to sing Your song again  
Whatever may pass  
And whatever lies before me  
Let me be singing  
When the evening comes

Bless the Lord oh my soul  
Oh my soul  
Worship His Holy name  
Sing like never before  
Oh my soul  
I'll worship Your Holy name

You're rich in love  
And You're slow to anger  
Your name is great  
And Your heart is kind  
For all Your goodness  
I will keep on singing  
Ten thousand reasons  
For my heart to find

Bless the Lord oh my soul  
Oh my soul  
Worship His Holy name  
Sing like never before  
Oh my soul  
I'll worship Your Holy name

And on that day  
When my strength is failing  
The end draws near  
And my time has come  
Still my soul will  
Sing your praise unending  
Ten thousand years  
And then forevermore  
Forevermore

Bless the Lord oh my soul  
Oh my soul  
Worship His Holy name  
Sing like never before  
Oh my soul  
I'll worship Your Holy name

## Firm Foundation

by Maverick City

Christ is my firm foundation  
The rock on which I stand  
When everything around me is shaken  
I've never been more glad  
That I put my faith in Jesus  
'Cause He's never let me down  
He's faithful through generations  
So why would He fail now?  
He won't, He won't  
I've still got joy in chaos  
I've got peace that makes no sense  
I won't be go-ing under  
I'm not held by my own strength  
'Cause I've built my life on Jesus  
He's never let me down  
He's faithful in every season  
So why would He fail now?  
He won't, He won't  
He won't fail, He won't fail  
Rain came and wind blew  
But my house was built on You  
I'm safe with You  
I'm going to make it through  
I'm going to make it through  
'Cause I'm standing strong on You  
I'm going to make it through  
'Cause my house was built on You  
Christ is my firm foundation  
The rock on which I stand  
When everything around me is shak-en  
I've never been more glad  
That I put my faith in Jesus  
'Cause He's never let me down  
He's faithful through generations  
So why would He fail now?  
He won't, he won't  
He won't fail, He won't fail  
No, He won't

## Restore

Scripture Reading (choose volunteer or staff)

- Colossians 3:12-14 ESV
  - 12Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, 13bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. 14And above all these put on love, which binds everything together in perfect harmony.
- Psalms 51:12 ESV
  - Restore to me the joy of your salvation, and uphold me with a willing spirit.

## **Great Are You Lord**

by All Sons and Daughters

You give life, You are love  
You bring light to the darkness  
You give hope, You restore  
Every heart that is broken  
Great are You, Lord  
It's Your breath in our lungs  
So we pour out our praise  
Pour out our praise  
It's Your breath in our lungs  
So we pour out our praise  
To You only

You give life, You are love  
You bring light to the darkness  
You give hope, You restore  
Every heart that is broken  
Great are You, Lord  
It's Your breath in our lungs  
So we pour out our praise  
Pour out our praise  
It's Your breath in our lungs  
So we pour out our praise  
To You only

All the earth will shout Your praise  
Our hearts will cry, these bones will sing  
Great are You, Lord  
It's Your breath in our lungs  
So we pour out our praise  
Pour out our praise  
It's Your breath in our lungs  
So we pour out our praise  
To You only  
Great are You, Lord

## Experience Joy

Scripture Reading (choose volunteer or staff)

- John 15:9-11 ESV
  - 9As the Father has loved me, so have I loved you. Abide in my love. 10If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. 11These things I have spoken to you, that my joy may be in you, and that your joy may be full.
- Psalms 71:23 NIV
  - My lips will shout for joy when I sing praise to you – I whom you have delivered.
- Psalms 92:4-5 NIV
  - 4For you make me glad by your deeds, Lord; I sing for joy at what your hands have done. 5How great are your works, Lord, how profound your thoughts!

### This is Amazing Grace

by Phil Wickham

Who breaks the power of sin and darkness  
Whose love is mighty and so much stronger  
The King of Glory  
The King above all kings  
Who shakes the whole earth with holy thunder  
Who leaves us breathless in awe and wonder  
The King of Glory  
The King above all kings

The is amazing grace  
This is unfailing love  
That You would take my place  
That You would bear my cross  
You laid down Your life  
That I would be set free  
Jesus I sing for  
All that You've done for me

Who brings our chaos back into order  
Who makes the orphan a son and daughter  
The King of Glory  
The King of Glory  
Who rules the nations with truth and justice  
Shines like the sun in all of its brilliance  
The King of Glory  
The King above all kings

This is amazing grace  
This is unfailing love  
That You would take my place  
That You would bear my cross  
You laid down Your life  
That I would be set free  
Jesus I sing for  
All that You've done for me

Worthy is the Lamb who was slain  
Worthy is the King  
Who conquered the grave  
Worthy worthy worthy

This is amazing grace  
This is unfailing love  
That You would take my place  
That You would bear my cross  
You laid down Your life  
That I would be set free  
Jesus I sing for  
All that You've done for me

## Gratitude

by Brandon Lake

All my words fall short  
I got nothing new  
How could I express  
All my gratitude  
I could sing these songs  
As I often do  
But every song must end  
And You never do  
So I throw up my hands  
And praise You again and again  
'Cause all that I have is a hallelujah, hallelujah  
And I know it's not much  
But I've nothing else fit for a king  
Except for a heart singing hallelujah  
Hallelujah

I've got one response  
I've got just one move  
With my arms stretched wide  
I will worship You  
So I throw up my hands  
And praise You again and again  
'Cause all that I have is a hallelujah, hallelujah  
And I know it's not much  
But I've nothing else fit for a king  
Except for a heart singing hallelujah  
Hallelujah

Come on my soul  
Oh don't you get shy on me  
Lift up your song  
'Cause you've got a lion inside of those lungs  
Get up and praise the Lord  
So I throw up my hands  
And praise You again and again  
'Cause all that I have is a hallelujah, hallelujah  
And I know it's not much  
But I've nothing else fit for a king  
Except for a heart singing hallelujah

## Find Hope in God

Scripture Reading (choose volunteer or staff)

- Romans 5:5 NLT
  - And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.
- 1 Peter 1:3-4 NIV
  - 3Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead, 4and into an inheritance that can never perish, spoil or fade. This inheritance is kept in heaven for you,
- Romans 8:24-25 NLT
  - 24We were given this hope when we were saved. (If we already have something, we don't need to hope for it. 25But if we look forward to something we don't yet have, we must wait patiently and confidently).

### Goodness of God

by Bethel

I love You, Lord  
For Your mercy never fails me  
All my days, I've been held in Your hands  
From the moment that I wake up  
Until I lay my head  
Oh, I will sing of the goodness of God

'Cause all my life You have been faithful  
And all my life You have been so, so good  
With every breath that I am able  
Oh, I will sing of the goodness of God

I love Your voice  
You have led me through the fire  
In darkest night You are close like no other  
I've known You as a father  
I've known You as a friend  
And I have lived in the goodness of God

'Cause All my life You have been faithful  
All my life You have been so, so good  
With every breath that I am able  
Oh, I will sing of the goodness of God

Your goodness is running after, it's running after me  
Your goodness is running after, it's running after me  
With my life laid down, I'm surrendered now  
I give You everything  
Your goodness is running after, it's running after me  
Your goodness is running after, it's running after me  
Your goodness is running after, it's running after me  
With my life laid down, I'm surrendered now  
I give You everything  
Your goodness is running after, it's running after me

All my life You have been faithful  
All my life You have been so, so good  
With every breath that I am able  
I will sing of the goodness of God  
I will sing of the goodness of God

## God Wants Us to Pray for Others

Scripture Reading (choose volunteer or staff)

- Galatians 6:2
  - Bear one another's burdens, and so fulfill the law of Christ.
- John 13:34-35
  - 34A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. 35By this all people will know that you are my disciples, if you have love for one another."

### Build My Life

by Pat Barrett

Worthy of every song we could ever sing  
Worthy of all the praise we could ever bring  
Worthy of every breath we could ever breathe  
We live for You

Jesus, the Name above every other name  
Jesus, the only One who could ever save  
Worthy of every breath we could ever breathe  
We live for You, we live for You

Holy, there is no one like You  
There is none beside You  
Open up my eyes in wonder  
And show me who You are  
And fill me with Your heart  
And lead me in Your love to those around me

Jesus, the Name above every other name  
Jesus, the only One who could ever save  
Worthy of every breath we could ever breathe  
We live for You, we live for You

Holy, there is no one like You  
There is none beside You  
Open up my eyes in wonder  
And show me who You are  
And fill me with Your heart  
And lead me in Your love to those around me

And I will build my life upon Your love  
It is a firm foundation  
And I will put my trust in You alone  
And I will not be shaken  
And I will build my life upon Your love  
It is a firm foundation  
And I will put my trust in You alone  
And I will not be, I will never be shaken

Holy, there is no one like You  
There is none beside You  
Open up my eyes in wonder  
And show me who You are  
And fill me with Your heart  
And lead me in Your love to those around me

Holy, there is no one like You  
There is none beside You  
Open up my eyes in wonder  
And show me who You are  
And fill me with Your heart  
And lead me in Your love to those around me

## Closing

### How Great Thou Art

Hymn

O Lord my God, When I in awesome wonder  
Consider all the worlds Thy Hands have made  
I see the stars, I hear the rolling thunder  
Thy power throughout the universe displayed

Then sings my soul, My Savior God to Thee  
How great Thou art, How great Thou art  
Then sings my soul, My Savior God, to Thee  
How great Thou art, How great Thou art

And when I think, that God, His Son not sparing  
Sent Him to dies, I scarce can take it in  
That on the Cross, my burden gladly bearing  
He bled and died to take away my sin

Then sings my soul, My Savior God to Thee  
How great Thou art, How great Thou art  
Then sings my soul, My Savior God, to Thee  
How great Thou art, How great Thou art

When Christ shall come, with shouts of acclamation  
And take me home, what joy shall fill my heart  
Then I shall bow, in humble adoration  
And then proclaim My God, how great Thou art

Then sings my soul, My Savior God to Thee  
How great Thou art, How great Thou art  
Then sings my soul, My Savior God, to Thee  
How great Thou art, How great Thou art